



WHAT TO DO IF YOUR CHILD FEELS SICK.

1



If your child starts to feel sick, call your child's school to report your child's symptoms (*cough, fever, shortness of breath, diarrhea, etc*). Keep your child home.

Call your child's health care provider. They will ask questions to see if your child needs to be tested for COVID-19.

2



If your provider thinks your child needs to be tested, they will tell you where to get a test.

Keep your child home and do not take your child into the community except to get their test. Use a face mask when possible and wash hands often.

3



Your provider will call about the test result within 24 - 48 hours.

If the test is positive for COVID-19, a case manager from the Iowa Department of Public Health will give you a call to provide education and contact tracing.

4



Keep your child home until ALL of the following have occurred:

- ✓ At least 10 days have passed since your child's positive test
- ✓ Your child has gone 24 hours fever-free without fever-reducing medication like Tylenol
- ✓ Your child's symptoms (*cough, shortness of breath, diarrhea, etc*) have improved