

Nurse's Office Guidelines

Guidelines I will be following for ill or injured children:

- The Iowa Dept. of Public Health's "Guide to Childhood Illness" will be referenced regarding childhood illness recommendations for school exclusion.
- If your child is running a fever of 100 degrees F. or higher, your child will be sent home.
- If your child has vomited or has diarrhea, your child will be sent home. Many times a student will tell me they vomited in the morning or during the night but were told to "try it". You are still exposing other children to their illness by sending them to school.
- Please do not send your child to school until they are fever-free, diarrhea-free, and free from vomiting for 24 hours without any aid from medication.
- Encourage your child to wash his/her hands properly and often.
- Any child who hits his/her head at school will be assessed for any signs/symptoms of injury. If concerns are evident, a phone call will be made or a note will be sent home to a parent or guardian to make them aware.
- Any child injured at school with possible broken bones or needing stitches will be given first aid then contact to the parent will follow.
- If a student has an emergency situation and needs an ambulance, the ambulance will be called first, then every attempt to contact the parents will be made.
- Any abrasions will be washed with soap and water. If permission has been given for triple antibiotic cream to be applied, it will be applied and covered.

***If you suspect your child is getting influenza, please keep them home!** Some symptoms of influenza include: fever, fatigue, cough, chills, sore throat, body aches, a runny or stuff nose, headache, feeling extremely tired.

PLEASE CONSIDER VACCINATING YOUR CHILD AGAINST THE FLU! Flu vaccination is the best way to help protect your child from the flu.

MEDICATIONS

*The nurse's office keeps over-the-counter medications on hand, such as acetaminophen (generic Tylenol), ibuprofen, triple antibiotic ointment, antacids, topical benadryl, and topical hydrocortisone cream. These medications will only be given if the parent has signed a permission slip for these medications to be given by the nurse. And please, if you sign the permission slip, know that these medications may be given by the nurse without you being notified first, so if you DO NOT want your child to have them without your knowing ahead of time, DO NOT sign the permission slip.

*Any medication given at school must be brought in the CURRENT ORIGINAL container properly labeled with the manufacturer's label or the pharmacy label. If it is a prescribed medication, a doctor's order is needed. If medication has changed, a note from the prescribed doctor is needed. A medication form must be signed by the parent for each medication or medication change. Medications will not be given if not delivered in the original labeled bottle.

For the safety of your student and all other students, delivery of medications to the school should be by an adult and given to the nurse's office or principals' office secretary.

Thank you for your help ensuring the safety of all our students!
Let's have a safe and healthy year!

Mary Dorris, RN, BSN
Durant School Nurse